Eligible Expenses

Below is a current list of healthcare expenses reimbursable under your Healthcare FSA account. These expenses must be medically necessary and satisfy all other requirements for reimbursement under your employer’s Flexible Benefits Plan and applicable federal tax law. This list is intended to be a guide to assist you in determining whether an expense is eligible for reimbursement. This is not an exhaustive list. This list may be modified from time to time. For specific questions regarding expenses eligible for reimbursement, please contact HealthTrust’s FSA Administrator.

- Acupuncture
- Alcoholism treatment program fees
- Ambulance service
- Artificial limbs
- Birth control pills and devices
- Braille books and magazines (above the cost of regular print)
- Breast pumps and supplies that assist lactation
- Breast reconstruction surgery (following mastectomy)
- Capital expenses (for special equipment installed in the home or for improvements if their main purpose is medical care)
- Car modification for equipment installed for the use of a person with a disability
- Childbirth classes (mother’s costs only)
- Chiropractic care
- Christian Science practitioner fees
- Co-insurance amounts
- Contact lenses (including cleanser and saline solution)
- Co-payments
- Cosmetic surgery (only from congenital abnormality, personal injury or disfiguring disease)
- Crutches
- Deductibles
- Dental expenses (non-cosmetic only)
- Dentures
- Diabetic Supplies
- Drug addiction treatment at a therapeutic center
- Eye Exams
- Eyeglasses
- Guide dog or other animal used by person with a physical disability
- Hearing aids and batteries
- Hospital fees
- Infertility treatments
- Insulin
- Laboratory fees
- LASIK
- Learning disability (tuition payments or tutors’ fees for child with severe learning disabilities caused by mental or physical impairments, only if doctor recommends child attend the school)
- Lodging and meals (at a hospital or similar institution if main reason for being there is to receive medical care or accompanying a dependent receiving the care)
- Medical equipment, supplies and diagnostic devices (for diagnosis, cure, mitigation, treatment or prevention of disease)
- Medical services provided by physicians, surgeons and specialists (non-cosmetic only)
- Mileage (only for the purpose of receiving medical services)
- Naturopathy (for treatment of specific medical conditions)
- Optical Care by Optometrist/Ophthalmologist or Optician
- Organ transplants
- Orthodontia
- Orthotic Inserts
- Physical exams (except for employment-related physicals)
- Physical Therapy
- Prescribed Medicines and drugs
- PRK (photo refractive keratectomy)
- Prosthesis
- Psychiatric care
- Psychoanalysis
- Psychological treatment
- Schools, special (a school that teaches Braille, lip-reading, remedial language training to correct condition cause by birth defect)
- Smoking cessation programs
Special Foods (prescribed by a physician at costs in excess of commonly available products)

Sunglasses (Prescription)

Teeth guards (except for sports use)

Vaccines

Vasectomy

Wheelchair costs

X-rays

Ineligible Expenses

Breast augmentation such as implants or injections

Church of Scientology audits

Cord blood storage

Cosmetic surgery

Dancing lessons, swimming lessons, etc. (even if recommended by a doctor)

Dependent care

Ear or body piercing

Electrolysis or hair removal

Employment-related expenses (i.e. work physicals)

Exercise/fitness programs or equipment

Finance or missed appointment charges

Funeral expenses

Hair transplant

Health club dues

Household help (even if recommended by doctor)

Insurance premiums

Lead-based paint removal

Marriage counseling

Massage (unless prescribed and substantiated by physician to treat physical defect or illness)

Maternity clothes

Mattresses/mattress boards

Medical alert devices

Medical savings accounts (MSAs)

Nutritional supplements (unless prescribed and substantiated by physician to treat physical defect or illness)

Resort/Spa

Sunglasses (non-prescription)

Weight loss program (not for general health even if doctor prescribes the program)
Eligible Over-the-Counter (OTC) Products

Ineligible Over-the-Counter Medicines and Drugs (unless prescribed in accordance with state laws)

- Acid controllers
- Allergy & sinus
- Antibiotic products
- Antifungal (foot)
- Antiseptics & wound cleansers
- Anti-diarrhea medicines
- Anti-gas
- Anti-itch & insect bite
- Baby rash ointments
- Baby teething pain
- Cold sore remedies
- Contraceptives
- Cough, cold & flu
- Denture pain relief
- Digestive aids
- Ear care
- Eye care
- Feminine antifungal & anti-itch
- First aid burn remedies
- Foot care treatment
- Hemorrhoidal preps
- Homeopathic remedies
- Incontinence protection & treatment medications
- Laxatives
- Medicated or unmedicated nasal sprays, drops & inhalers
- Medicated or unmedicated respiratory treatments & vapor products
- Motion sickness
- Oral remedies or treatments
- Pain relief (includes aspirin)
- Skin treatments
- Sleep aids & sedatives
- Smoking deterrents
- Stomach remedies

Eligible Over-the-Counter Items (you can use your benefits card for these items)

- Baby Electrolytes and Dehydration
- Blood Pressure Monitors
- Cholesterol Testing
- Condoms
- Contacts Lens Care
- Diabetes Testing and Aids
- Family Planning (pregnancy and ovulation kits)
- First Aid Supplies (bandages, band-aids, hot/cold packs, gauze pads, non-sports tapes)
- Hearing Aid Batteries
- Incontinence Products (e.g. Attends, Depends)
- Reading Glasses
- Thermometers

Ineligible Over-the-Counter Items

- Chapstick
- Cosmetics
- Deodorant
- Face Creams
- Feminine hygiene products
- Hand lotion
- Moisturizers
- Mouthwash
- Suntan lotion (unless >30 spf)
- Toothpaste
- Vitamins & supplements (unless prescribed and substantiated by physician to treat physical defect or illness)
- Weight loss drugs

Disclaimer: The information contained in this document is not a substitute for legal or tax advice. HealthTrust has attempted to provide accurate information but makes no representation or warranties (implied or expressed) as to the accuracy of this material or its compliance with applicable local, state or federal law. For advice, you should consult your legal or tax advisor.